



Date	Event
1/20/2010 11:30 am - 1:00 pm	January Luncheon Kick of the New Year with friends! Join us at Chapala Restaurant, located at 438 Salinas Street in Oldtown and bring a guest! It's a great time to put those "build your business" New Year's Resolutions to work!
2/17/2010 11:30 am - 1:00 pm	February Luncheon Ever thought about how you can make exercise and fitness a part of your busy life? Let 30 year fitness expert Yvonne Reid show you how! Yvonne says, "Take one step-at-a-time and you will get to where you want to be." That's all she could think of as she laced up her first pair of running shoes and looked down that long straightaway of the MPC running track. The exhilaration of being able to run a mile was so exciting that it changed the direction of her life and eventually her career— learn how you can put one foot in front of the other...on the road to better health in your busy everyday life.
3/17/2010 11:30 am - 1:00 pm	March Luncheon Have you always wanted to be the confident one in the room? Ever wanted to know the secret of how you can be more sure of yourself in social situations and how to network? Let relationship expert, Cheryl Ann Savage show you how as she shares how you can "Learn Confidence in Social Situations." You won't want to miss one moment of this intriguing presentation.
4/21/2010 11:30 am - 1:00 pm	April Luncheon Jane Deuber is a best-selling author, international speaker and sought after business consultant to big thinking entrepreneurs around the world. As the founder of a consulting firm she has helped thousands of women turn their passions into profits as they build businesses that make a difference. You won't want to miss this luncheon as she provides us with Sales & Marketing Strategies for Your business.

5/19/2010

11:30 am - 1:00 pm

May Luncheon

Ever wondered what it takes to face each and every day with a smile...especially in times like these? Let the ever peppy Steve McShane show you how as he presents, "How you can stay Upbeat in a Down Economy." Bring a friend and be prepared to be inspired.

6/16/2010

11:30 am - 1:00 pm

June Luncheon

Salinas residents, are you still "Imagining A Great City?" Mayor Dennis Donohue is...and he's going to be sharing his thoughts with us at this month's meeting. Join us for lunch at what is sure to be an motivating meeting from our city's most beloved promoter.

7/21/2010

11:30 am - 1:00 pm

July Luncheon

SVBWN plays host to our Annual Joint Luncheon with our friends in the Professional Women's Network of the Monterey Peninsula (PWN). Join us as our guest speaker, KSBW-TV Anchor Alisa Becerra, discusses how she creates a work life balance with her busy family. More details to follow!

8/18/2010

11:30 am - 1:00 pm

August Luncheon

"What does she do all day?" That was the question author Michael Miller and his corporate fraternity brothers often asked themselves about their stay-at-home wives. Their ignorance about what seemed like a simpler life at home shielded them from seeing or hearing the realities of it. Embarking on a quest to find the girl he married - lost in that life - Miller finds out the hard way just how very wrong they had been. As a sales and marketing executive with several public and private companies, Miller has a proven track record in leading teams to achieve sales growth, customer satisfaction, profitability and operational efficiency. All that valuable experience, however, did not prepare him for what he faced on his journey into his wife's life at home. Join us for an lively presentation by a certified Mr. Mom.

9/15/2010

11:30 am - 1:00 pm

September Luncheon

Murder is serious business, and Lisa Eisemann's interest in this city's history is genetic: her grandmother was the first policewoman in Salinas during a time of growth and turbulence in the history of town. Join us for this fascinating meeting as she discusses a "History of Crime and the Salinas Police Department." You won't want to miss a moment of this spellbinding presentation by another homegrown author and longtime private investigator.

10/20/2010

6:00 pm - 8:00 pm

October Evening Mixer

Our annual awards event and evening membership appreciation dinner is the highlight of the year! Join us for a fabulous dinner and a great opportunity to network with friends.

11/17/2010

11:30 am - 1:00 pm

November Luncheon

Erin Gray, aka The Peace Princess, is a writer, singer and inspirational speaker. She's also a dedicated "shoe-mani-tarian"...it seems Imelda's got nothing on this girl! Join us for what's sure to be a real kick by one of Monterey County's most beloved writers. As she says, "A Peace Princess doesn't just talk the talk. She walks the walk...in strappy sandals, natch." So put one dazzling foot in front of the other and be sure and join us for this delightful luncheon by one of Monterey County's finest humorists.

12/8/2010

11:30 am - 1:00 pm

December Holiday Luncheon

It's our Annual Salvation Army Holiday Toy Drive. We are meeting on the 2nd Wednesday of December to make sure the Salvation Army receives our donations in time for delivery to local families in need.